

MATH 54 – SOLUTION TO 6.1.24

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$$\|\mathbf{u} + \mathbf{v}\|^2 + \|\mathbf{u} - \mathbf{v}\|^2$$

$$= (\mathbf{u} + \mathbf{v}) \cdot (\mathbf{u} + \mathbf{v}) + (\mathbf{u} - \mathbf{v}) \cdot (\mathbf{u} - \mathbf{v})$$

(by the definition of $\|\mathbf{x}\|^2 = \mathbf{x} \cdot \mathbf{x}$)

$$= \mathbf{u} \cdot (\mathbf{u} + \mathbf{v}) + \mathbf{v} \cdot (\mathbf{u} + \mathbf{v}) + \mathbf{u} \cdot (\mathbf{u} - \mathbf{v}) + (-\mathbf{v}) \cdot (\mathbf{u} - \mathbf{v})$$

(because $\mathbf{x} \cdot (\mathbf{y} + \mathbf{z}) = \mathbf{x} \cdot \mathbf{y} + \mathbf{x} \cdot \mathbf{z}$ for all $\mathbf{x}, \mathbf{y}, \mathbf{z}$)

$$= \mathbf{u} \cdot \mathbf{u} + \mathbf{u} \cdot \mathbf{v} + \mathbf{v} \cdot \mathbf{u} + \mathbf{v} \cdot \mathbf{v} + \mathbf{u} \cdot \mathbf{u} + \mathbf{u} \cdot (-\mathbf{v}) + (-\mathbf{v}) \cdot \mathbf{u} + (-\mathbf{v}) \cdot (-\mathbf{v})$$

(because $\mathbf{x} \cdot (\mathbf{y} + \mathbf{z}) = \mathbf{x} \cdot \mathbf{y} + \mathbf{x} \cdot \mathbf{z}$ and $\mathbf{y} \cdot \mathbf{x} = \mathbf{x} \cdot \mathbf{y}$, for all $\mathbf{x}, \mathbf{y}, \mathbf{z}$)

$$= \mathbf{u} \cdot \mathbf{u} + \mathbf{u} \cdot \mathbf{v} + \mathbf{v} \cdot \mathbf{u} + \mathbf{v} \cdot \mathbf{v} + \mathbf{u} \cdot \mathbf{u} - \mathbf{u} \cdot \mathbf{v} - \mathbf{v} \cdot \mathbf{u} + \mathbf{v} \cdot \mathbf{v}$$

(because $(c\mathbf{x}) \cdot \mathbf{y} = \mathbf{x} \cdot (c\mathbf{y}) = c(\mathbf{x} \cdot \mathbf{y})$ for all \mathbf{x}, \mathbf{y})

$$= \mathbf{u} \cdot \mathbf{u} + \mathbf{u} \cdot \mathbf{v} + \mathbf{u} \cdot \mathbf{v} + \mathbf{v} \cdot \mathbf{v} + \mathbf{u} \cdot \mathbf{u} - \mathbf{u} \cdot \mathbf{v} - \mathbf{u} \cdot \mathbf{v} + \mathbf{v} \cdot \mathbf{v}$$

(because $\mathbf{y} \cdot \mathbf{x} = \mathbf{x} \cdot \mathbf{y}$, for all \mathbf{x}, \mathbf{y})

$$= \|\mathbf{u}\|^2 + \cancel{2\mathbf{u} \cdot \mathbf{v}} + \|\mathbf{v}\|^2 + \|\mathbf{u}\|^2 - \cancel{2\mathbf{u} \cdot \mathbf{v}} + \|\mathbf{v}\|^2$$

(because $\mathbf{x} \cdot \mathbf{x} = \|\mathbf{x}\|^2$, and $\mathbf{x} + \mathbf{x} = 2\mathbf{x}$ for all \mathbf{x})

$$= 2\|\mathbf{u}\|^2 + 2\|\mathbf{v}\|^2$$

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